

## **Respite Care Programs**

*The primary purpose of the program must be child abuse and neglect prevention.*

Respite Care Programs support the stability of families that provide long-term care to individuals or family members with special needs.

Respite Care Programs also reduce the following:

- Social isolation
  - Stress-related health problems
  - Reduced likelihood of institutionalization of the person with special needs
  - Reduces the likelihood of divorce and helps sustains marriages
- (Source: FRIENDS National Resource Center)

Respite care can be provided in a variety of settings including, but not limited to:

- The family home
- A relative's home
- A community setting
- A day care center
- Church respite programs